HEALTH AND PHYSICAL EDUCATION
PROGRAM OBJECTIVES

This program is designed to graduate student-majors who upon completion of degree requirements in Health and Physical Education will demonstrate:

1. in-depth knowledge of the subject area.

2. the attainment of knowledge in the subject area as reflected by the high percentage rate of passing scores on the Oklahoma Subject Area Test.

3. appropriate use of knowledge and pedagogical skills suitable for utilization in the professional career.

4. the ability to plan to meet the needs of all learners.

5. the ability to impart the knowledge needed to perform a variety of physical activities commonly taught in K-12 physical education programs.

6. the knowledge of and ability to perform a wide variety of physical skills and activities including both skill-related and health-related fitness components.

7. the ability to meet the challenges of a rigorous academic program by successfully planning and organizing a physical education program to meet the needs of students in various grade levels.

8. the ability to create a plan for incorporating health education into the curriculum.